




OCTOBER 2009 C.M.S.C. TRAINING SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	2	
4	5 AT SportsClub Practice 5:00-7:00 U8B, U9B, U9G Practice 5:00-6:00 U9-U10 GK Practice 5:45-7:15 U11-U14 GK	6 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	7 AT SportsClub Practice 5:00-7:00 U8B, U9B, U9G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	8 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	9 Nike Cup Boys & Girls TBA	10 Nike Cup Boys & Girls TBA
11 Nike Cup Boys & Girls TBA	12 AT SportsClub Practice 5:00-7:00 U8B, U9B, U9G Practice 5:00-6:00 U9-U10 GK Practice 5:45-7:15 U11-U14 GK	13 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	14 AT SportsClub Practice 5:00-7:00 U8B, U9B, U9G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	15 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	16	17
18	19 AT SportsClub Practice 5:00-7:00 U8B, U9B, U9G Practice 5:00-6:00 U9-U10 GK Practice 5:45-7:15 U11-U14 GK	20 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	21 AT SportsClub Practice 5:00-7:00 U8B, U9B, U9G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	22 AT SportsClub Practice 5:00-7:00 U10B, U10G, U11B, U12G AT Lewis Practice 5:00-7:00 U12B, U13B, U14B	23	24 Cleveland Internationals Tournament U13B, U14B
25 Cleveland Internationals Tournament U13B, U14B 	26	27 AT SportsClub INDOOR TRYOUTS	28 AT SportsClub INDOOR TRYOUTS	29	30	