




# DECEMBER 2009 C.M.S.C. TRAINING SCHEDULE

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		<b>1 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	2	<b>3 AT McCOOK</b> <b>Practice 5:00-7:00</b> U12, U13 <b>Practice 7:00-9:00</b> U14, U15	4	
<b>6 AT Sportsclub</b> <b>Practice 8:00-10:00</b> U13, U14, U15, U16, U17, U18 <b>Practice 10:00-11:00</b> ALL U10-U18 GK	<b>7 AT Sportsclub</b> <b>Practice 7:00-9:00</b> U16, U17, U18	<b>8 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	9	<b>10 AT McCook</b> <b>Practice 5:00-7:00</b> U12, U13, U14 <b>Practice 7:00-9:00</b> U15, U16 Academy, U18 Academy	11	12
<b>13 AT Sportsclub</b> <b>Practice 8:00-10:00</b> U13, U14, U15, U16, U17, U18 <b>Practice 10:00-11:00</b> ALL U10-U18 GK	<b>14 AT Sportsclub</b> <b>Practice 7:00-9:00</b> U16, U17, U18	<b>15 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	16	<b>17 AT McCook</b> <b>Practice 5:00-7:00</b> U12, U13, U14 <b>Practice 7:00-9:00</b> U15, U16 Academy, U18 Academy	18	19
<b>20 AT Sportsclub</b> <b>Practice 8:00-10:00</b> U13, U14, U15, U16, U17, U18 <b>Practice 10:00-11:00</b> ALL U10-U18 GK	21	22	23	24	25 Christmas	26
	<div style="border: 1px solid black; padding: 5px; margin: 0 auto; width: 80%;"> <b>Christmas Break</b> </div>					
27	28	29	30	31 New Years Eve		
	<div style="border: 1px solid black; padding: 5px; margin: 0 auto; width: 80%;"> <b>Christmas Break</b> </div>					