



# FEBRUARY 2010 C.M.S.C. TRAINING SCHEDULE

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	<b>1 AT Sportsclub</b> <b>Practice 6:30-8:30</b> U16, U17, U18	<b>2 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	3	<b>4 AT McCook</b> <b>Practice 5:00-7:00</b> U12, U13, U14 <b>Practice 7:00-9:00</b> U15, U16 Academy, U18 Academy	5	
7 OFF	<b>8 AT Sportsclub</b> <b>Practice 6:30-8:30</b> U16, U17, U18	<b>9 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	10	<b>11 AT McCook</b> <b>Practice 5:00-7:00</b> U12, U13, U14 <b>Practice 7:00-9:00</b> U15, U16 Academy, U18 Academy	12	13
<b>14 AT Sportsclub</b> <b>Practice 8:00-10:00</b> U13, U14, U15, U16, U17, U18 <b>Practice 10:00-11:00</b> ALL U10-U18 GK	<b>15 College Showcase</b> Crystal Lake	<b>16 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	17	<b>18 AT McCook</b> <b>Practice 5:00-7:00</b> U12, U13, U14 <b>Practice 7:00-9:00</b> U15, U16 Academy, U18 Academy	19	20
<b>21 AT Sportsclub</b> <b>Practice 8:00-10:00</b> U13, U14, U15, U16, U17, U18 <b>Practice 10:00-11:00</b> ALL U10-U18 GK	<b>22 AT Sportsclub</b> <b>Practice 6:30-8:30</b> U16, U17, U18	<b>23 AT Sportsclub</b> <b>Practice 4:30-6:00</b> U8, U9, U9G, U10G <b>Practice 5:30-7:00</b> U10, U11, U12G <b>Practice 6:30-8:30</b> U12, U13, U14, U15	24	<b>25 AT McCook</b> <b>Practice 5:00-7:00</b> U12, U13, U14 <b>Practice 7:00-9:00</b> U15, U16 Academy, U18 Academy	26	27
<b>28 AT Sportsclub</b> <b>Practice 8:00-10:00</b> U13, U14, U15, U16, U17, U18 <b>Practice 10:00-11:00</b> ALL U10-U18 GK						